NOTES

FIRM FOUNDATIONS

Week 1 | Sin and Salvation

PRAYER

Heavenly Father, we thank You for Your amazing grace. You have saved us from sin and death, not because of anything we have done, but because of Your great love for us. Thank You for sending Jesus to rescue us, giving us new life, and calling us into Your purpose. Help us to understand Your truth today and to live in the freedom and joy of Your salvation. In Jesus' name, Amen.



© 2025 by EVERYNATION BRISBANE®

All rights reserved.

Scripture quotations are from The Holy Bible, English Standard Version® (ESV®), Copyright© 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved. Permission to photocopy this material is granted for local church use. This is not for sale.









OPENING QUESTION

What is one funny or unusual food craving you've had that felt almost impossible to resist? (Think midnight snacks, weird combinations, or childhood favorites!)

WORD

And you were dead in the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. But God, being rich in mercy, because of the great love with which he loved us, even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved— and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Ephesians 2:1-10 (ESV)

DISCUSSION QUESTIONS

1. Have you ever tried to "fix" yourself or earn God's approval? What was that experience like?

2. "But God..." (Ephesians 2:4) is a powerful phrase. How has God interrupted your life with His grace?

3. Salvation is a gift we receive, not a reward we earn. How does this truth change the way you see yourself and others?

4. What does it look like to live as God's "workmanship" (Ephesians 2:10) in your everyday life—at home, work, or in your community?

REFLECTION

In the beginning, God created humanity in His image (Genesis 1:26-27). We were designed for relationship with Him, to reflect His goodness and steward His creation. But sin entered the world through Adam and Eve's disobedience (Genesis 3), breaking our connection with God and leading to spiritual death. Sin is more than just bad choices; it is a condition that separates us from our Creator.

Ephesians 2:1-3 describes our state before Christ: spiritually dead, enslaved to sin, and under judgment. Left to ourselves, we were powerless to fix this brokenness. But in verses 4-7, Paul presents the greatest turning point—"But God." Out of His rich mercy and great love, God provided a way for us to be made alive through Jesus. His death paid the penalty for our sin, and His resurrection opened the way to new life (Romans 6:4).

The gift of salvation is received through faith, not by our own works (Ephesians 2:8-9). It's not about trying harder or being better—it's about trusting in what Jesus has already done. Charles Spurgeon once said, "You stand before God as if you were Christ, because Christ stood before God as if He were you." This exchange—the righteous for the unrighteous—changes everything. Now, as new creations in Christ (2 Corinthians 5:17), we are called to live in this reality. Ephesians 2:10 tells us that we were created for good works, not to earn salvation, but as a response to it. Living a gospel-centered life means daily embracing our identity in Christ and walking in the purpose He has prepared for us.

Closing Prayer

Father, thank You for Your incredible love and grace. Thank You for sending Jesus to rescue us from sin and give us new life. We surrender our hearts to You today. If anyone here has not yet placed their trust in Jesus, I pray that You would open their hearts to receive this free gift of salvation. Help us all to live as Your workmanship, walking in the good works You have prepared for us. May our lives be a reflection of Your love and grace. In Jesus' name, Amen.