

NOTES



PRAYER

Jesus, You said that true worshipers will worship the Father this way, and we long to be those worshipers. Holy Spirit, lead us into all truth and fill us with Your power so that we can glorify God in every area of our lives. May our time together draw us closer to You, and may we experience Your presence in a fresh way. In Jesus' name, Amen.

OPENING QUESTION (OPTIONAL)

What is your favourite supernatural moment in a movie or TV show that either made you laugh, roll your eyes, or think, "That could never happen"?



© 2025 by EVERYNATION BRISBANE®

All rights reserved.

Scripture quotations are from The Holy Bible, English Standard Version® (ESV®), Copyright© 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

Permission to photocopy this material is granted for local church use. This is not for sale.



WORD

Jesus said to her, "Everyone who drinks of this water will be thirsty again, but whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water." Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you now have is not your husband. What you have said is true." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship."

Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things." Jesus said to her, "I who speak to you am he."

(John 4:13-26, ESV)

DISCUSSION QUESTIONS

1. In John 4, Jesus speaks about "living water." What do you think He meant by this, and how have you experienced this in your own life?
2. What are some ways you have seen people emphasise only Spirit or only Truth in worship? What are the dangers of having only one?
3. A.W. Tozer talks about worship being an "admiring awe." What is one way you can cultivate a sense of awe in your everyday worship?
4. How can you personally grow in worshiping God in both Spirit and in Truth this year?
5. What are some practical ways we as a Life Group can become more Spirit-empowered in our daily lives?

REFLECTION

Jesus' conversation with the Samaritan woman reveals a key truth about worship: it is not about a location, a ritual, or a tradition, but about being fully surrendered to God in both Spirit and Truth. To worship in Spirit means to be led by the Holy Spirit, empowered by Him, and to experience an intimate relationship with God. To worship in Truth means to be rooted in the Word of God and to know who He is according to Scripture.

However, if we only worship in Spirit without Truth, we risk becoming emotionally driven without solid foundations. If we only worship in Truth without the Spirit, we risk becoming dry, legalistic, and lifeless in our faith. As R.T. Kendall writes, "The Word without the Spirit, we dry up. The Spirit without the Word, we blow up. The Spirit and the Word together, we grow up." (*Word and Spirit: Coming Together*, 1992). True worship is both experiencing God deeply and knowing Him accurately.

So what does this look like in our daily lives? It means being open to the Holy Spirit's guidance while being anchored in Scripture. It means walking in God's power while being grounded in His truth. When we combine the Spirit and Truth, our worship is authentic, our faith is strong, and our lives reflect the love of Jesus in a world that desperately needs Him.

Closing Prayer

Lord Jesus, thank You for showing us what it means to worship in Spirit and in Truth. We surrender our lives to You and ask that You would empower us by Your Holy Spirit to live for You wholeheartedly. Help us to know Your Word deeply and to walk in step with Your Spirit daily. If anyone here is ready to give their life to You, I pray that they would take that step of faith today. Fill us with Your presence and lead us to be Spirit-empowered believers in every part of our lives. In Jesus' mighty name, Amen.