

NOTES

Be Still.

Simple, transformative practice
of being with God.

WEEK 4 | Mission And Justice

PRAYER

"Dear Heavenly Father, we come before You with hearts open to Your guidance and wisdom. Holy Spirit, we invite You to come and share Your heart for biblical mission and justice with us. Stir our hearts to understand and embody Your call to act justly, love mercy, and walk humbly with You. Open our eyes to the needs around us and empower us to be Your hands and feet in our communities. In Jesus' name, we pray. Amen."

OPENING QUESTION

(OPTIONAL)

"If you were a superhero on a mission to save the world, what would your superpower be and what would be the first thing you'd do with it?"



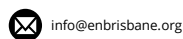
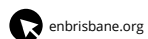
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WORD

"6 'With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? 7 Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?' 8 He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"

[Micah 6:6-8 \(ESV\)](#)

In Micah 6:6-8, we are reminded of what God truly desires from us: not grand sacrifices or outward displays of religiosity, but a life characterized by justice, mercy, and humility. Brian Heasley, in his book "Be Still" and his series on Prayer and Mission, emphasizes the necessity of being aware of God's presence and responding to His call for mission and justice. He highlights that true worship and devotion to God are demonstrated through our actions and how we treat others, reflecting God's love and justice in tangible ways.

Heasley suggests that our encounters with God should inspire us to go on His mission, not to remain insulated in our comfort zones. Prayer is a powerful means of aligning our hearts with God's will, making us more attuned to His call to serve others and advocate for justice. This interplay of prayer and mission is akin to breathing in and out—prayer fills us with God's presence and mission propels us to act in the world. As we embrace this rhythm, we become conduits of God's justice and love in our communities.

DISCUSSION QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. Why do you think God prioritizes justice, mercy, and humility over religious rituals and sacrifices? How can we embody these values in our daily lives?
2. How does regular prayer influence your awareness of the needs around you? Share a time when prayer prompted you to take action in a situation of injustice or need.
3. What are some practical ways we can pursue justice in our local community? How can our church support and engage in these efforts?
4. How can we maintain a healthy balance of prayerful reflection and active mission in our lives?
5. Reflect on a time when an encounter with God led you to step out of your comfort zone to serve others. What was the outcome, and how did it impact your faith journey?

Closing Prayer

Prayer to Receive Jesus as Lord and Saviour:

"Lord Jesus, I acknowledge that I need You in my life. I believe that You died for my sins and rose again to give me new life. I invite You to be my Lord and Saviour. Fill me with Your Holy Spirit, guide me, and lead me as I leave my old life behind and step into the mission You have for me. Help me to be aware of Your presence and to act justly, love mercy, and walk humbly with You. In Your mighty name, I pray. Amen."

Closing

Encourage the group to carry the awareness of God's presence into their daily lives and to actively seek opportunities to pursue justice and engage in mission, embodying the values of Micah 6:8.