

## NOTES



## PRAYER

*Heavenly Father, we come before you today seeking strength and resilience in our worship. Grant us the courage to face trials with unwavering faith, and the perseverance to worship You in all circumstances. Help us to find our refuge and strength in You alone. In Jesus' name, Amen.*



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## OPENING QUESTION

(OPTIONAL)

What's a recent challenge you've faced that required resilience? How did you handle it, and did your faith play a role in your response?

## WORD

1 *The Lord is my light and my salvation;  
whom shall I fear?*  
The Lord is the stronghold of my life;  
of whom shall I be afraid?  
2 When evildoers assail me  
to eat up my flesh,  
my adversaries and foes,  
it is they who stumble and fall.  
3 Though an army encamp against me,  
my heart shall not fear;  
though war arise against me,  
yet I will be confident.  
4 One thing have I asked of the Lord,  
that will I seek after:  
that I may dwell in the house of the Lord  
all the days of my life,  
to gaze upon the beauty of the Lord  
and to inquire in his temple.  
5 For he will hide me in his shelter  
in the day of trouble;  
he will conceal me under the cover of his  
tent; he will lift me high upon a rock.  
6 And now my head shall be lifted up  
above my enemies all around me,  
and I will offer in his tent  
sacrifices with shouts of joy;

*I will sing and make melody to the Lord.*  
7 Hear, O Lord, when I cry aloud;  
be gracious to me and answer me!  
8 You have said, "Seek my face."  
My heart says to you,  
"Your face, Lord, do I seek."  
11 Teach me your way, O Lord,  
and lead me on a level path  
because of my enemies.  
12 Give me not up to the will of my  
adversaries;  
for false witnesses have risen against  
me,  
and they breathe out violence.  
13 I believe that I shall look [f] upon the  
goodness of the Lord  
in the land of the living!  
14 Wait for the Lord;  
be strong, and let your heart take  
courage;  
wait for the Lord!

[Romans 12:9-21](#)

## DISCUSSION QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

### 1. Understanding Resilience:

- What does the concept of resilience mean to you in the context of worship?
- How do you see resilience demonstrated in the psalmist's words in Psalm 27?

### 2. Facing Fear with Faith:

- Verse 1 states, "The Lord is my light and my salvation; whom shall I fear?" How does this verse speak to our struggles with fear, and how can we apply it to our worship?
- Share a time when you felt overwhelmed by fear. How did you experience God's presence and deliverance in that situation?

### 3. Seeking God's Presence:

- Verses 4 and 8 emphasize seeking God's presence. What are some practical ways we can cultivate a deeper sense of God's presence in our worship, especially during challenging times?
- How does prioritizing intimacy with God strengthen our resilience in worship?

### 4. Trusting in God's Timing:

- The psalmist expresses confidence in God's timing (verse 14). How can we learn to trust God's timing, especially when we're facing difficult circumstances that challenge our worship?
- Share a time when waiting on God's timing led to a deeper sense of trust and resilience in your faith journey.

### 5. Prayer to Receive Jesus as Lord and Savior:

- If you've never invited Jesus into your life as your Lord and Savior, you can do so now. Pray this prayer or something similar from your heart - if you need help, your life group leader can assist you in praying this prayer:

"Lord Jesus, I recognize that I am a sinner in need of Your forgiveness. I believe that You died on the cross for my sins and rose again. I repent of my sins and invite You to come into my life as my Lord and Savior. Thank You for Your grace and mercy. Help me to follow You all the days of my life. In Jesus' name, Amen."