



PRAYER

Dear heavenly Father, thank you for creating me as someone that designed to show and receive affection, providing warmth, and extending love to others. You know my heart and how fragile it is. That I tend to get emotionally invested in my relationships, which hurts if they don't work out. Father lord, I ask you to help me to guard my heart. Teach me to set boundaries and protect my mind, my soul, and my heart. Help me to stay on the right path that leads to a godly relationship with you in the center. In Jesus name. Amen.

Adapted from "Powerful Prayer for Singles" by Justine Mfulama

OPENING QUESTION (OPTIONAL)

Would you rather go on a luxury cruise for 10 days , ride a luxury train for 5 days or fly first class for 5 hours?



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WORD

3 And Pharisees came up to him and tested him by asking, "Is it lawful to divorce one's wife for any cause?" 4 He answered, "Have you not read that he who created them from the beginning made them male and female, 5 and said, 'Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh'? 6 So they are no longer two but one flesh. What therefore God has joined together, let not man separate." 7 They said to him, "Why then did Moses command one to give a certificate of divorce and to send her away?" 8 He said to them, "Because of your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so. 9 And I say to you: whoever divorces his wife, except for sexual immorality, and marries another, commits adultery." 10 The disciples said to him, "If such is the case of a man with his wife, it is better not to marry." 11 But he said to them, "Not everyone can receive this saying, but only those to whom it is given. 12 For there are eunuchs who have been so from birth, and there are eunuchs who have been made eunuchs by men, and there are eunuchs who have made themselves eunuchs for the sake of the kingdom of heaven. Let the one who is able to receive this receive it."

[Matthew 19:3-12](#)

32 I want you to be free from anxieties. The unmarried man is anxious about the things of the Lord, how to please the Lord. 33 But the married man is anxious about worldly things, how to please his wife, 34 and his interests are divided. And the unmarried or betrothed woman is anxious about the things of the Lord, how to be holy in body and spirit. But the married woman is anxious about worldly things, how to please her husband. 35 I say this for your own benefit, not to lay any restraint upon you, but to promote good order and to secure your undivided devotion to the Lord.

[1 Corinthians 7:32-35](#)

"This is why the church needs single people. Not as a supposedly endless source of free babysitting, but to remind us that the joy and fulfillment of marriage in this life is partial and can only be temporal. The presence of singles who find their fullest meaning and satisfaction in Christ is a visible, physical testimony to the fact that the end of all of our longing comes in Jesus... Paul does not want to restrain us-literally-"to throw a noose around you" We all too readily assume that it is precisely what he is doing. Singleness, for him, is not primarily about what we do without (except for the "worldly troubles" that come with married life) but rather what we are free to do. He is commending singleness because he wants "good order", the advantage of a more orderly, less complex way of living, which itself enables us to wholeheartedly serve the Lord"

From "7 Myths of Singleness" - Sam Alberry

DISCUSSION QUESTIONS

((NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE))

1. On a scale from 1 to 10 (1 being never and 10 being always), how would you rate how fulfilled are you in your relational season of life (Married, single, divorced, widowed etc.)? Why would you rate yourself this way?
2. How is singleness a gift from God?
3. Where do you need to find your happiness? Why can't you find happiness in another person?
4. How does it make you feel to know that singleness is acceptable, excellent, beautiful, and honorable? Do you feel like the church treats singleness this way? Why or why not? What can the church do to improve this view of singleness?
5. In verse 11-12 of Matthew 19, Jesus talks about Eunuchs (those who have been castrated for service to the royal family) in relation to being without spouse - some from birth, and some who have chosen to make themselves this way for the "sake of the Kingdom of Heaven". How might we encourage those who have a calling to remain single for the sake of the Kingdom?
6. Do you choose today to trust Jesus as the Ruler and sole source of fulfilment of your life by accepting His call for you to enter into relationship with Him? Please take this moment to pray with your group. Will you enable him to have all authority as the one who calls the shots in your life? Would you like to enter into a saving relationship with God through Jesus? Ask your lifegroup leader to lead you in prayer to receive Christ. You can pray this prayer:

Dear Lord Jesus, I know that I am a sinner, and I ask for Your forgiveness. I believe You died for my sins and rose from the dead. I turn from my sins and invite You to be the master of my life. I want to trust and follow You as my Lord and Saviour. I declare that I am Yours, and You are mine, In Jesus name, AMEN.