

## PRAYER



The Greatest Hits

Laments  
Meditation  
Praise  
Worship + Word

WEEK 3 | Praise the Lord

## PRAYER

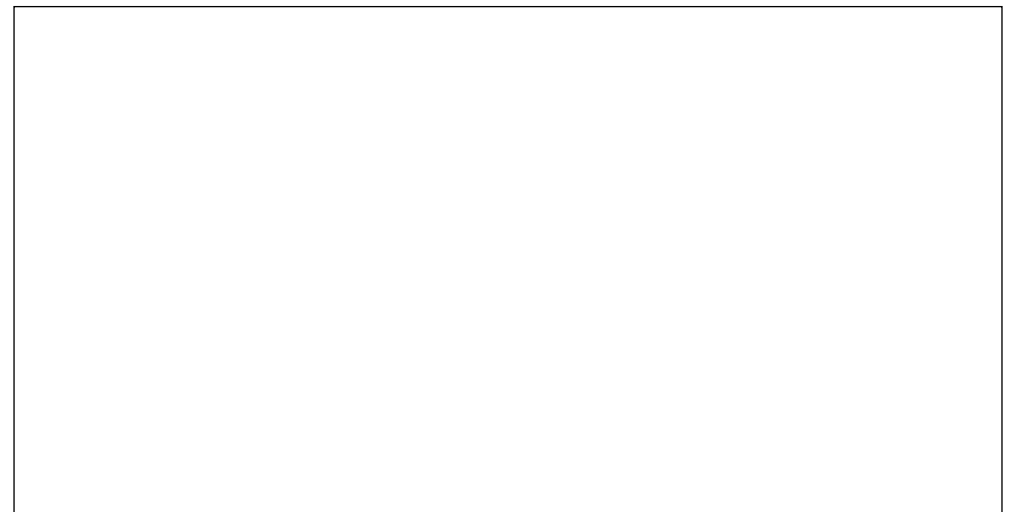
Loving Heavenly Father, how wonderful are the works of your hands and how majestic are your ways. How amazing your grace is toward me and how deep your love is for those of us who are in Christ Jesus. Thank you that I am your child and the work of your hands. May I raise my heart and voice, day by day, to sing of your love and faithfulness to me. In Christ Jesus, my Lord, Amen.

[\*Knowing Jesus - Psalm 146\*](#)

## WARM UP (OPTIONAL)

What song really gets you motivated or hyped? Why?

## NOTES



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## WORD

<sup>1</sup> Praise the Lord! Praise the Lord, O my soul!

<sup>2</sup> I will praise the Lord as long as I live; I will sing praises to my God while I have my being.

<sup>3</sup> Put not your trust in princes, in a son of man, in whom there is no salvation.

<sup>4</sup> When his breath departs, he returns to the earth; on that very day his plans perish.

<sup>5</sup> Blessed is he whose help is the God of Jacob, whose hope is in the Lord his God,

<sup>6</sup> who made heaven and earth, the sea, and all that is in them, who keeps faith forever;

<sup>7</sup> who executes justice for the oppressed, who gives food to the hungry. The Lord sets the prisoners free;

<sup>8</sup> the Lord opens the eyes of the blind. The Lord lifts up those who are bowed down; the Lord loves the righteous.

<sup>9</sup> The Lord watches over the sojourners; he upholds the widow and the fatherless, but the way of the wicked he brings to ruin.

<sup>10</sup> The Lord will reign forever, your God, O Zion, to all generations.

Praise the Lord!

### [PSALM 146:1-10](#)

## GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1-10 (1 = never; 10 = always), how would you rate yourself in praising God throughout your day? Why have you rated yourself like this?
2. What causes you to praise God in your life? Are there specific things or events that cause you to praise God?
3. Does praising God come easily to you? If so, why? If not, why not?
4. From the passage above Psalms 146, what are some things that stand out to you? And why do they stand out to you?

If you are not yet a follower of Jesus, would you choose today to trust Him?

Will you enable him to have all authority as the one who calls the shots in your life? Would you like to enter into a saving relationship with God through Jesus?

Ask your Life Group leader to lead you in prayer to receive Christ. You can pray this prayer:

*Dear Lord Jesus, I know that I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. I turn from my sins and invite you to be the master of my life. I want to trust and follow you as my Lord and Saviour. I declare that I am yours and you are mine. In Jesus' name, Amen.*