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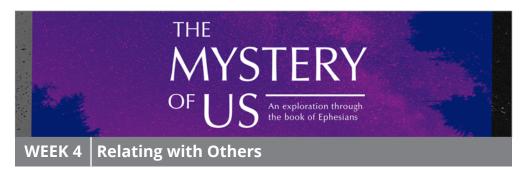
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PRAYER

Heavenly Father, thank you for our homes and families and for the wonderful way that you have designed the different roles of husbands and wives, which bring glory to your name when applied in our home situation - as you have ordered. We lift up all Christian marriages today and pray that in your grace, many wives may see the beauty there is in godly submission to their own husbands. And inturn, we pray that men may reflect the great love for their own wives that Christ has for the Church - whom out of love for us, gave himself for her. This we pray in Jesus' name, Amen.

- Knowing Jesus

WARM UP

(OPTIONAL)

What is your favourite thing to do, whether it is with your spouse, children, or friends?





²² Wives, submit to your own husbands, as to the Lord. ²³ For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. ²⁴ Now as the church submits to Christ, so also wives should submit in everything to their husbands.

²⁵ Husbands, love your wives, as Christ loved the church and gave himself up for her, ²⁶ that he might sanctify her, having cleansed her by the washing of water with the word, ²⁷ so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. ²⁸ In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, ³⁰ because we are members of his body. ³¹ "Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." ³² This mystery is profound, and I am saying that it refers to Christ and the church. ³³ However, let each one of you love his wife as himself, and let the wife see that she respects her husband.

¹ Children, obey your parents in the Lord, for this is right. ² "Honor your father and mother" (this is the first commandment with a promise), ³ "that it may go well with you and that you may live long in the land." ⁴ Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

EPHESIANS 5:22-33: 6:1-4

■ GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

- 1. On a scale from 1-10 (1 = not at all; 10 = extremely easy), how would you rate your ability to relate with other people? Why have you rated yourself this way?
- 2. What could submission look like in a marriage? And what could a loving husband look like in a marriage?
- 3. How would you paraphrase verses 25-27 in your own words, and what part resonates with you?
- 4. In what way would your view of marriage change if the goal is to make one another like Jesus? What would need to change or shift for you?
- 5. How can we honour our father and mother? What practical things can we do today that reflect God's character and honours him?
- 6. Would you like to trust God with your life? Would you like to receive the gift of life, forever walking with God? Would you like to enter into a saving relationship

with God through Jesus? Ask your Life Group leader to lead you in prayer to receive Christ. You can pray this prayer:

Dear Lord Jesus, I know that I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. I turn from my sins and invite you to come into my heart and life. I want to trust and follow you as my Lord and Saviour. In Jesus' name, Amen.

► PRAYER