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PRAYER

Father, I pray that I may submit to the leading and guidance of your Spirit so that I may be filled to overflowing with God's graces and live my life in willing submission to him. Keep me from anything that discredits your name and lead me in the path of righteousness, for his name's sake, Amen.

- Knowing Jesus

WARM UP

(OPTIONAL)

When you think about your childhood, what was one song that you really loved? Why did you love it?

NOTES

WORD

¹⁵ Be very careful, then, how you live—not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil. ¹⁷ Therefore do not be foolish, but understand what the Lord's will is. ¹⁸ Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹ speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰ always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. ²¹ Submit to one another out of reverence for Christ.

²² Wives, submit yourselves to your own husbands as you do to the Lord. ²³ For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. ²⁴ Now as the church submits to Christ, so also wives should submit to their husbands in everything.

²⁵ Husbands, love your wives, just as Christ loved the church and gave himself up for her ²⁶ to make her holy, cleansing her by the washing with water through the word, ²⁷ and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. ²⁸ In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. ²⁹ After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church.

EPHESIANS 5:15-29

The Bible is quite clear about marriage and singleness. In order to fulfill one's purpose, the Bible says it is best for some not to marry. If you continue wanting to be married when God has plans for you to remain single, you will never find real peace as long as you are striving to be married. If you do happen to get married, you will never be happy. Deep inner frustrations will always be there.

People should ask God what is his will for their lives. If it does not involve marriage, then they should accept God's will. Before you say "I do" at the altar, make sure it is what God wants for you.

[*Margaret Minnicks, Singleness: What the Bible Says About Being Single*](#)

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1-10 (1 = none at all; 10 = extremely satisfied), how would you rate your satisfaction in the season you're living in right now? Why might you say this?
2. If you are single, are you satisfied in your singlehood? Why or why not? If you are married, would there be one piece of advice you would offer your single self before you got married? Why would you offer this piece of advice?
3. Husbands are to give themselves up for their wives by a holy cleansing through the word. How might we see this happen with husbands today? And does this affect the wife's capacity to submit to her husband?
4. Verse 18 speaks of not being drunk with wine, but being filled with the Spirit. What does this look like? Why would this be mentioned as a part of this passage, as if it is important in seeing how husbands and wives relate to one another?
5. Have you put your trust in Jesus? Would you be willing to abide in God's presence in every area of your life? Would you like to enter into a saving relationship with God through Jesus? Ask your Life Group leader to lead you in prayer to receive Christ. You can pray this prayer:

Dear Lord Jesus, I know that I am a sinner, and I ask for your forgiveness. I believe you died for my sins and rose from the dead. I turn from my sins and invite you to come into my heart and life. I want to trust and follow you as my Lord and Saviour. In Jesus' name, Amen.

PRAYER