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WEEK 4 | THE BLESSED LIFE PART 1 - THE HEART OF THE MATTER

PRAYER

Our glorious Father, we rejoice in you today, knowing that in you we have all that we need. We lack no good thing when we learn to put our wholehearted trust in you. Because of this, we declare that you are the source of ALL we need. Let our souls find complete rest in you today, as we trust in Jesus' name, Amen.

WARM UP (OPTIONAL)

Have you ever been surprised by an unexpected gift from someone? What was it, and how did you react?

NOTES

WORD

¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust[a] destroy and where thieves break in and steal, ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also. ²² “The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, ²³ but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! ²⁴ “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

²⁵ “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And which of you by being anxious can add a single hour to his span of life? ²⁸ And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not arrayed like one of these. ³⁰ But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? ³¹ Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you.

³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

[MATTHEW 6:19-34](#)

³⁷ “Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven; ³⁸ give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use, it will be measured back to you.”

[LUKE 6:37-38](#)

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale of 1-10 (1 = never, 10 = always), how often do you worry about money? Why have you rated yourself this way?
2. Do you think people consider you as generous?
3. Who is the most generous person you know? Can you give an example of their generosity?
4. You are less likely to be anxious about something that doesn't belong to you. Why do you think people struggle with being anxious when it comes to money? Is money something that consumes your waking moments?
5. When Luke 6:38 is read in Christian circles, it is most often referred to money. However, the context is around giving of any sort, especially in the context of forgiveness. Why do you think most readers see giving as financial, rather than being generous in general?
6. Luke 6:38 ends with, “For with the measure you use, it will be measured back to you.” Do you see a connection between your understanding of how much you have been forgiven and received from God, and how lavish you may be in your praise of God, and how you give towards others?

PRAYER LIST