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PRAYER

Father God, thank you for choosing us as your children and for your plan and purpose that you laid even before the foundations of the earth. We are thankful that you lead us daily in our lives by going ahead of us. Amen.

WARM UP (OPTIONAL)

If you could instantly pick up any skill, what would it be?

NOTES

WORD

⁹ Pray then like this:

“Our Father in heaven,
hallowed be your name.

¹⁰ Your kingdom come,
your will be done,
on earth as it is in heaven.

¹¹ Give us this day our daily bread,

¹² and forgive us our debts,
as we also have forgiven our debtors.

¹³ And lead us not into temptation,
but deliver us from evil.

[MATTHEW 6:9-13](#)

¹ Then Jesus was led by the Spirit into the wilderness to be tempted by the devil.

² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.”

⁴ Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’”

[MATTHEW 4:1-4](#)

From this, we notice a few things:

This passage is about submission to the leading of God. Jesus teaches the disciples to pray for leading us not into temptation and delivering us from evil. Temptation and evil are what we most definitely need the help of God in terms of God’s guidance, because it was these things that man first fell into in the Garden of Eden.

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1 to 10, how would you rate your ability to follow God in your every day life? Why have you rated yourself this way?
2. Can you think of an example of either an inner struggle or an external harmful circumstance that you would like to see God deliver you from?

3. Why do you think temptation is strong? How can God empower you to overcome temptation?
4. What are some practical ways to keep your life centred on God, where he is all you desire? Are you willing to implement these in your life today?
5. Jesus uses God’s word to overcome the enemy’s temptation, choosing to believe God’s word above that of Satan. What are passages of Scripture that you can embed and memorise in your heart to combat against these temptations? Spend some time to pray and ask God to lead you to some specific passages that can encourage you during those times.

PRAYER LIST