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PRAYER

Father God, thank you for always taking care of your children. We have nothing to fear when it comes to knowing that you will take care of us, as we submit ourselves to your leading. Let your will be done in us! In Jesus' name, Amen.

WARM UP

(OPTIONAL)

You are only able to eat at one restaurant for the rest of your life. What restaurant would that be and why?

NOTES



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WORD

⁹ Pray then like this:
"Our Father in heaven, hallowed be your name.
¹⁰ Your kingdom come, your will be done, on earth as it is in heaven.
¹¹ Give us this day our daily bread,
¹² and forgive us our debts, as we also have forgiven our debtors.
¹³ And lead us not into temptation, but deliver us from evil.

¹⁴ For if you forgive others their trespasses, your heavenly Father will also forgive you, ¹⁵ but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

MATTHEW 6:9-15

²⁶ Jesus answered them, "Truly, truly, I say to you, you are seeking me, not because you saw signs, but because you ate your fill of the loaves. ²⁷ Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give to you. For on him God the Father has set his seal." ²⁸ Then they said to him, "What must we do, to be doing the works of God?" ²⁹ Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰ So they said to him, "Then what sign do you do, that we may see and believe you? What work do you perform? ³¹ Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat." ³² Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. ³³ For the bread of God is he who comes down from heaven and gives life to the world." ³⁴ They said to him, "Sir, give us this bread always."

³⁵ Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

JOHN 6:26-35

Right in the middle of this prayer that Jesus taught the crowd to pray is where we find this sentence in verse 11: "Give us this day our daily bread." From this, we notice:

- 1. Jesus teaches the disciples to pray for what they need for each day.
- 2. This petition for "daily bread" comes after adoration and the acknowledgment of God's lordship and rule.
- 3. The passageway to petition God for what we might need flows out of seeing God as our Heavenly Father, and recognising his reign in our lives. Without this, our prayer becomes more transactional than out of the worship relationship we have with the Father.

► GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

- 1. On a scale from 1 to 10, how would you rate your ability to worship and adore God *before* we ask him for things in prayer? Why do you rate yourself this way?
- 2. Do you believe that God is all you need in life? If so, how is this seen in your life? If not, why might this be?
- 3. "Our daily bread" what does this mean to you?
- 4. When Jesus says, "I am the bread of life", what do you think he means, and why is it that we may not hunger if we receive him? Do you see him this way in your life?
- 5. Would you be willing to be generous to others, showing the love and provision of Christ? If so, how?

PRAYER LIST