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PRAYER

Lord Jesus, you know all, and you show us how to use that knowledge to help others find their hope that can only be found in you! Show us, God, how to see the culture and society that we are in through the lens of your Spirit and with your heart of love and full of compassion for the broken, the marginalised, and those that may be in lack. In Jesus' name, Amen.

WARM UP

(OPTIONAL)

If there was one skill you wish you could master, that you don't have yet, what would that skill be?

NOTES

WORD

¹⁴ For this reason I bow my knees before the Father, ¹⁵ from whom every family in heaven and on earth is named, ¹⁶ that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, ¹⁸ may have strength to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹ and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God.

[Ephesians 3:14-19](#)

The apostle Paul encourages the believers in the city of Ephesus as they face all sorts of pressures, hardship, and persecution to find strength and resilience. There were many other ideologies that opposed the Christian view, and so it was necessary to comprehend with depth, their knowledge of God's love in Jesus in order to face the thought of the day. Some of the ideologies of the day would question the Christian views towards purity, justice, and selflessness. The same ideologies of impurity, outrage, and self-centredness are still quite prevalent today.

There is always a fight for our minds, and whatever we base our knowledge and belief in will inevitably determine the way we live our lives. What is the filter in which we see our lives and dictate how to live?

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1 to 10, how would you rate your knowledge of how to apply the Bible to your life? Why do you rate yourself this way?
2. What shapes your opinions on current issues that our culture may be facing? Choose one of these options: parents' opinions, friends' opinions, media/social media, research, Jesus and the Bible, other.
3. Is the way that you use devices with screens (TV, phone, computer, tablet etc.) healthy? Why or why not? Can you see where it might be a distraction?
4. Do screens play a role in how you connect relationally with other people? If

so, is this connection healthy? If not, do you think you are able to maintain healthy relationships without the use of devices?

5. What can you do to ensure that screens are used as tools that help you glorify God, rather than take the place of fulfilment that only God can provide?

PRAYER LIST