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PRAYER

Lord Jesus, you model for us a steadfast resilience that not only inspires us as the perfect example, but also has your Spirit living inside of us. We believe that we can do all things through you who strengthens us! In Jesus' name, Amen.

WARM UP

(OPTIONAL)

Name someone who had to overcome insurmountable odds that has inspired you. Who are they and how do they inspire you?

NOTES

WORD

²¹ Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven. ²² On that day many will say to me, 'Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many mighty works in your name?' ²³ And then will I declare to them, 'I never knew you; depart from me, you workers of lawlessness.'

²⁴ "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. ²⁵ And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. ²⁶ And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. ²⁷ And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it."

[Matthew 7:21-27](#)

¹ Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, ² looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

[Hebrews 12:1-2](#)

Over the next few weeks, we hope to look at the importance of resilience as a quality to be seen in the lives of Christians. We will look at qualities that specifically prepare Christ followers to thrive and not just survive during every season of life and how to be fruitful and steadfast as Christ fills them with his resilient Spirit. Who wants to grow in resilience?

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1 to 10, how would you rate your resilience in times of trials? Why do you rate yourself this way?
2. What are some of the qualities you see in resilient people that you'd like to see in your life?

3. Can you tell us about a difficult trial you've had to face in the past? Were you able to overcome that situation?
4. If you could go back and change the outcome of a difficult time you had to face, what might you do differently?
5. Is there a trial you're currently facing? If so, do you trust God for his guidance through it? How? If not, how can you prepare for possible hard times ahead?

PRAYER LIST