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## **PRAYER**

Father, thank you that you are the God of all grace who has called us to your eternal glory in Christ Jesus. We are thankful that you are always with us and that you remind us of your mighty hand that is at work in our lives daily. In Jesus' name, Amen.

## WARM UP

Can you think of a time when you did something you thought would be good for you but there were unforeseen circumstances that occurred instead? What did you learn from that experience?





<sup>6</sup> Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, <sup>7</sup> casting all your anxieties on him, because he cares for you. <sup>8</sup> Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. <sup>9</sup> Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. <sup>10</sup> And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. <sup>11</sup> To him be the dominion forever and ever. Amen.

**1 Peter 5:6-11** (ESV)

## **■** GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

- 1. 1. On a scale of 1-10 (1 = unable, 10 = very able), how would you rate your ability to know and do God's will compared to your own will?
- 2. In 1 Peter 5:8 it says, "Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour."

  What are some areas in your life that you need to be sober-minded and watchful in?
- 3. What kind of accountability can you implement in your life for the areas you have identified above? When will you do this?
- 4. 1 Thessalonians 5:16-18 is a great encouragement for us: "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you."
  - a. How can you further engage in staying focussed on God and his plan?
  - b. How can you immerse yourself more in cultivating an attitude of thankfulness?
  - c. What practical steps can you take to embed a deeper attitude of prayer in your life?

5. Of the three things above: Focussing on God and his plan, cultivating an attitude of thankfulness, and a deeper attitude of prayer, which do you find the most difficult to walk out in your life? What do you think God's will is for you to walk this area out in your life?

