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### PRAYER

Thank you, Lord, for creating us with gladness in mind. It's such a blessing to know that we bring you joy, and it's our desire to see you glorified when we are most satisfied in you. In Jesus' name, Amen.

### WARM UP

(OPTIONAL)

What is something you like to do that makes you happy? When is the last time you did it?

### NOTES

## WORD

<sup>1</sup> I was glad when they said to me, "Let us go to the house of the Lord!"

<sup>2</sup> Our feet have been standing within your gates, O Jerusalem! <sup>3</sup> Jerusalem—built as a city that is bound firmly together, <sup>4</sup> to which the tribes go up, the tribes of the Lord, as was decreed for Israel, to give thanks to the name of the Lord. <sup>5</sup> There, thrones for judgment were set, the thrones of the house of David.

<sup>6</sup> Pray for the peace of Jerusalem! "May they be secure who love you!"

<sup>7</sup> Peace be within your walls and security within your towers!" <sup>8</sup> For my brothers and companions' sake I will say, "Peace be within you!" <sup>9</sup> For the sake of the house of the Lord our God, I will seek your good.

[Psalm 122:1-8 \(ESV\)](#)

## GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale of 1-10 (1 = not at all, 10 = extremely glad), how would you rate your "gladness" right now? Care to share why you've chosen that rating?
2. Verse 8 talks about "Peace be within you!" What does this peace look like in the life of someone who has experienced it? If you have experienced it, how would you describe it?
3. In verse 1, it says, "I was glad." This is the only occurrence of the word **מְחֵיטִי** (*Mah-ti*) in the Bible, where it connotes pleasure or enjoyment. How would you rate your enjoyment of God in this season of your life, and why? Would you want to change anything to improve it?
4. Verse 9 says, "I will seek your good." How can we actively go out of our way to see God's goodness in your life?
5. Verse 6 says, "May they be secure who love you." Do you love God? Based on your answer, how secure are you?

## PRAYER LIST