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## A Disciple Is . . .



### WEEK 4 | MATURING

#### PRAYER

Lord, you desire us to grow in you, and that is our desire, too. Help us to recognise maturity the way that you would have us grow, and not in the ways that *we* think are mature. Help us to grow in humility, faith, and love towards you and one another, in Jesus' name, Amen!

#### WARM UP

(OPTIONAL)

Are you currently doing what you wanted to be when you grew up? Why or why not?

#### NOTES

## WORD

<sup>10</sup>He who descended is the one who also ascended far above all the heavens, that he might fill all things. <sup>11</sup>And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ, <sup>14</sup>so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes. <sup>15</sup>Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love.

[Ephesians 4:10-16](#) (ESV)

## GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1-10 (1 = a baby, 10 = a fruitful veteran), how would you rate your spiritual maturity and why?
2. Ephesians 4 talks about having mentors equipping you as a Christian for the work of ministry. Who are some of these spiritually mature mentors that you have relationships with and how do they influence you in your maturity?
3. What do you think spiritual immaturity looks like and how can you grow up so you are not easily swayed? (See verse 14).
4. Do you have friends that can tell you the truth in love like accurate spiritual mirrors? Who are they and how do you know that they will be accurate in giving you feedback?
5. Would you consider yourself a mature disciple of Jesus? Why or why not?
6. A measure of maturity is the strength of your godly relationships. How strong are your relationships with people that are growing in God? How do you see them growing?

## PRAYER LIST