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# A Disciple Is...



#### WEEK 3 UNSHAKABLE

#### **▶** PRAYER

Lord, we declare that you are a God who is unshakable. Help us to build on YOU, the solid foundation of our lives, that we, too, will not be shaken. For if God is for us, then who can be against us? In Jesus' name, Amen.

## **► WARM UP**

(OPTIONAL)

Are you a fan of thrill activities for leisure (e.g. roller coasters, bungee jumping, skydiving)? If you are a fan, what activity is your favourite and why? If not, why do you not like these types of activities?

<b>►</b> NOTES
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<sup>24</sup> "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. <sup>25</sup> And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. <sup>26</sup> And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. <sup>27</sup> And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it."

<sup>28</sup> And when Jesus finished these sayings, the crowds were astonished at his teaching, <sup>29</sup> for he was teaching them as one who had authority, and not as their scribes.

**Matthew 7:24-29** (ESV)

### **■** GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

- 1. On a scale from 1-10 (1 = totally non-existent, 10 = amazing), how would you rate your stability and reliability with other people you have a relationship with?
- 2. A disciple of Christ lives in Jesus, and because of this, he or she is unshakable. Have you ever had your life shaken before? Would you be willing to share about your experience?
- 3. What does it look like for a foolish man who builds his life on sand? What are some examples of sand that you have built your life upon, whether in the past or present?
- 4. Jesus says that the wise man builds his life upon the Rock, which is Jesus himself. Have you built your life upon Jesus? Why or why not?
- 5. Would you like to build your life on Jesus and trust him with your whole heart and life? If so, get your Life Group leader to pray with you now and point you in the right direction, so you can grow in God.

