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BENEATH THE SURFACE

WEEK 6 | IT'S NOT COMPLICATED

PRAYER

Dear Jesus, whatever season we find ourselves in, may you draw us closer to you, while leading us in your mission by empowering us in your spirit. In your powerful name, Amen!

WARM UP

(OPTIONAL)

You have a choice for a waterside vacation location: one has a private, extensive water park, one has a pier with a small boat and access to a fresh water lake, and another has a beach front with private access to a white sand surf beach. Which one do you choose and why?

NOTES

WORD

⁴ For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, ⁵ for it is made holy by the word of God and prayer.

[1 Timothy 4:4-5](#) (ESV)

⁷ Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; ⁸ for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come.

[1 Timothy 4:7-8](#) (ESV)

¹¹ Command and teach these things. ¹² Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity.

¹³ Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. ¹⁴ Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. ¹⁵ Practice these things, immerse yourself in them, so that all may see your progress. ¹⁶ Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

[1 Timothy 4:11-16](#) (ESV)

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1-10 (1 = completely unaware, 10 = absolutely close), how would you rate your integrity in being a person who keeps your word?
2. Are you satisfied in life right now? Why or why not?
3. In what areas would you like to see yourself mature in more when it comes to your faith? What can you start doing to grow in these specific areas?
4. Paul encourages Timothy to persistently “keep a close watch” on himself to save himself and his followers. What would this look like in your life to do the same?
5. If you are married, what are ways as a married person that you can uniquely use your life to build God’s Kingdom? If you are single, how can you use your singlehood to build God’s Kingdom?

PRAYER LIST