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PRAYER

God, we thank you that we are not called to walk alone, but you call us into family! Help us, Lord, to treasure the gift that we have in family by honouring one another. In Jesus' name, Amen.

WARM UP

(OPTIONAL)

Tell us about a time when someone honoured you (e.g. birthday, compliment, gifts). What about a time when you honoured someone recently?

NOTES

WORD

¹⁵Look carefully then how you walk, not as unwise but as wise, ¹⁶ making the best use of the time, because the days are evil. ¹⁷ Therefore do not be foolish, but understand what the will of the Lord is. ¹⁸ And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, ¹⁹ addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, ²⁰ giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, ²¹ submitting to one another out of reverence for Christ.

[Ephesians 5:15-21](#) (ESV)

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale from 1-10 (1 = ultimately foolish, 10 = wisdom personified), how would you rate your ability to make wise decisions? Why have you rated yourself this way?
2. On a scale from 1-10 (1 = not at all, 10 = completely), how close are you to the members of your family? Why?
3. Ephesians 5:21 says to submit “to one another out of reverence for Christ.” What do you think that should look like in people’s lives?
4. “Do not get drunk with wine... but be filled with the Spirit.” Why do you think the author, Paul, makes this comparison between being drunk on wine and being filled with the Spirit? What are the similarities and differences between the two, and what is Paul wanting to see in those he is addressing?
5. Is your life submitted to Christ? Why or why not?

PRAYER LIST