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PRAYER

God, reveal to us what my distractions in life might be and how I can submit them to you. In Jesus' name, Amen.

WARM UP (OPTIONAL)

Have you ever used an excuse to get out of something you didn't want to do or be a part of? If so, what was your excuse?

NOTES

WORD

¹¹ For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. ¹² Then you will call upon me and come and pray to me, and I will hear you. ¹³ You will seek me and find me, when you seek me with all your heart.

[Jeremiah 29:11-13](#) (ESV)

¹⁷ You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or his male servant, or his female servant, or his ox, or his donkey, or anything that is your neighbor's.

[Exodus 20:17](#) (ESV)

GUIDE QUESTIONS

(NUMBERED ACCORDING TO LEVEL OF DEPTH AND READINESS TO SHARE)

1. On a scale of 1-10 (1 = easy, 10 = almost impossible), how would you rate your ability to talk to others about faith?
2. Is there something you often find yourself making an excuse for? If so, why do you think that is? How does it make you feel?
3. Name one person that holds you accountable and won't put up with your excuses. Can you share about a time when they helped you not make excuses?
4. What action can you immediately take to ensure you prioritise time to seek God?
5. Do you find yourself in comparison with others from time to time?

PRAYER LIST