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WARM UP

Apart from people, if you were only allowed to bring 3 things with you on a month-long camping trip, what would you take?

WORD

Read [Proverbs 4:23 \(NIV\)](#)

The heart is the place that all of our life flows from. The greater the distance from how we try to appear in public performance to where we are in the true condition of our hearts, the more security we place upon hiding behind masks. There are four main masks we wear so as to not bear our souls and experience true healing.

NOTES

1 GUILT: I OWE YOU

¹⁰Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.

[2 Corinthians 7:10](#) (ESV)

Guilt hides behind our faults and weaknesses. Maybe there have been events where you let someone down or did wrong by someone.

- Do you have troublesome memories from a time when you significantly let people down?
- If so, have you found yourself trying to avoid interaction with them because of what you believe you owe them?

2 ANGER: YOU OWE ME

⁴Be angry, and do not sin; ponder in your own hearts on your beds, and be silent.

[Psalms 4:4](#) (ESV)

Show me an angry person and I'll show you a hurt person. I guarantee that person is hurt because something has been taken from them. To allow unrighteous anger is to allow those who have hurt us control the outcome of our lives. We must ask God for the grace to forgive others the way He has forgiven us.

- What significant shortcomings or disappointing behaviours of others have led to some degree of anger on your part?
- Why do you think they failed to provide what you wanted?

3 GREED: I OWE ME

¹⁵And he said to them, "Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions."

[Luke 12:15](#) (ESV)

Greed is when the stuff in our lives matter more to us than people. Greed says, "You owe it to yourself - ALL OF IT!" To overcome greed, one must imitate God's radical heart of generosity.

- When you're generous toward those you lead, do you attach strings (i.e. you feel they owe you something in return)?
- How easy is it for you to share the credit or rewards you receive? When have you done this most recently?

4 JEALOUSY: GOD OWES ME

³⁰A tranquil heart gives life to the flesh, but envy makes the bones rot.

[Proverbs 14:30](#) (ESV)

When things don't go our way and we subject ourselves to jealousy and envy, we actually blame God, as if He owes us. In order to breakthrough jealousy, we should celebrate the victories of others.

- As a leader, how important is your own advancement? What are you willing to sacrifice for the sake of personal advancement?
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▲ PRAYER

- Pray that God would show you what you may need to CONFESS and REPENT, in order to move forward from guilt.
- Pray that God would give you the grace to FORGIVE anyone that may have offended or angered you, and take the necessary steps to release them from your heart through the power of Jesus.
- Pray that you would grow in GENEROSITY and ask God where He would have you sow.
- Ask God for ways and means to CELEBRATE the victories of others.