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# WARM UP

What was your favourite thing to play with growing up? Why did you enjoy?



#### Read Psalm 127:1-5

In this passage, the writer of the Psalm expresses about the importance of building the way God would have us build our lives. Then, in what seems like a sudden switch in the 3rd verse, it addresses family and children, indicating the "family" way that God builds his Kingdom.

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### **1** A family is a refuge of God's peace

<sup>1</sup>Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain. <sup>2</sup>It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep. <sup>3</sup>Behold, children are a heritage from the Lord, the fruit of the womb a reward."

**Psalm 127:1-3** (ESV)

When God builds, we can rest without anxiety, because what he builds will clearly outlast us. The psalmist is clearly stating that our children are a heritage of which comes from Him, as a reward that will outlast us. Therefore we can see that we can rest well when we pursue a Christ-centred family as a model in our lives.

- Would you say that you can see the way God is building in and through your family? Why or why not?
- In what way are you able to glorify God in your family? Does your family know Christ?

2 God builds generationally

<sup>4</sup>Like arrows in the hand of a warrior are the children of one's youth. <sup>5</sup>Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.

Psalm 127:4-5 (ESV)

We can see from these verses the likening of children to being arrows being shot out of the bow of a warrior to hit the mark of God's destiny. The God-shaped family is the ideal environment for the young generation to develop in their maturity and callings in life, where they will be "fired" into their destiny.

• Are there opportunities God has given you to pour into the generations younger than yourself? Have you taken these opportunities? Why or why not?

# **PRAYER**

• Pray that God will give us grace to obey him, especially when it is hard, and we may not understand fully the situation that calls for our obedience.